

Montague's Breakfast Menu

6:00am to 11:00am
Buffet from 6:00am to 10:00am

Continental Buffet \$7.95

Orange or Grapefruit Juice, Fresh Fruit, Yogurt, Cereal
Bar, Danish, Muffins, Croissants,
Coffee & Tea.

Breakfast Buffet \$11.25

All items on our Continental Buffet
with the addition of Scrambled Eggs, Potatoes
& Breakfast Meat.

Egg Combinations

All American \$6.95

Two Eggs, any style, with Ham,
Bacon or Sausage.

Ham Cal 247 Fat 14.4 g Chol 433 mg Carbs 18.3 g
Bacon Cal 333 Fat 22.9 g Chol 447 mg Carbs 18.3g
Sausage Cal 254 Fat 14.4 g Chol 340 mg Carbs 1 g

Montague's Brunch \$6.75

Two Fried Eggs Over Hard on a Foccacia Roll.
With Bacon, Ham, Cheddar Cheese, Lettuce
& Tomatoes. Served with French Fries.

Cal 1021 Fat 54 g Chol 551 mg Carbs 85 g

Eggs Benedict \$7.95

Two Poached Eggs on a
Toasted English Muffin with Canadian Bacon
& Hollandaise Sauce.

Cal 806 Fat 76.5 g Chol 617 mg Carbs 46.4 g

New York Steak & Eggs \$15.50

7-ounce New York Steak, Broiled to Your Liking with Two Eggs any style.

Cal 824 Fat 45.6 g Chol 692 mg Carbs 16.8g

Omelettes

All Egg dishes are available with Egg Beaters upon request.

All Egg dishes are served with Toast, Hashbrowns or English Muffin.

Plain Omelette \$4.75

Cal 280 Fat 19.5 g Chol 630 mg Carbs 51 g

Denver Omelette \$6.75

Three Eggs, Diced Ham, Onion & Bell Pepper.

Cal 338 Fat 20.6 g Chol 637 mg Carbs 68 g

Cajun Omelette \$6.95

Three Eggs, Hot Link Sausage, Mushrooms,
Onions & Peppers.

Cal 434 Fat 28 g Chol 655 mg Carbs 69 g

Montague's Breakfast Combo \$7.25

Your Choice of Two Pancakes or Two French Toast
Halves, Two Eggs any style with
Your Choice of Two Bacon Strips or
Two Sausage Links.

Pancake Cal 618 Fat 24.9 g Chol 526.5 mg Carbs 66 g
French Toast Cal 470 Fat 17.4 g Chol 761.5 mg Carbs 18.75 g

Corned Beef Hash & Eggs \$7.50

Corned Beef Hash Grilled &
Topped with Two Eggs any style.

Cal 530 Fat 23.6 g Chol 550 mg Carbs 40.8 g

Southern Breakfast \$8.25

Two Eggs any style, Grits or Hash Browns &
Boneless Pork Chop Topped with Sausage Gravy.

Cal 1216 Fat 92.4 g Chol 789 mg Carbs 17.8 g

Ham & Cheese Omelette \$6.50

Three Eggs, Diced Ham, Choice of Swiss,
Monterey Jack or Cheddar Cheese.

Cal 406 Fat 30 g Chol 665.5 mg Carbs 51.65 g

Vegetarian Omelette \$6.75

Three Eggs, Spinach, Onions,
Mushrooms & Garden Vegetables.

Cal 352 Fat 20 g Chol 630 mg Carbs 81 g

Additional charge of substitution on extra items, Parties of 8 or more subject to 17% gratuity

Price subject to applicable Sales Tax

05/01/10

*Calorie count before cooking

From the Griddle

Buttermilk Pancakes <i>Cal 480 Fat 4.5 g Chol 15 mg Carbs 33 g</i>	\$4.95	Blueberry Pancakes <i>Cal 480 Fat 5 g Chol 15 mg Carbs 54 g</i>	\$6.75
Short Stack <i>Cal 320 Fat 3 g Chol 10 mg Carbs 64 g</i>	\$3.95	Short Stack <i>Cal 402 Fat 3.5 g Chol 10 mg Carbs 85 g</i>	\$4.75
Sourdough French Toast	\$5.00	<i>Cal 244 Fat 15 g Chol 420 mg Carbs 33.4 g</i>	

Healthy Specialties

Fruit Yogurt or Cottage Cheese <i>Fruit Yogurt Cal 170 Fat 1.5 g Chol 10 mg Carbs 33 g</i> <i>Cottage Cheese Cal 90 Fat 2.5 g Chol 15 mg Carbs 6 g</i>	\$2.95	Oatmeal with Raisins & Brown Sugar <i>Cal 296 Fat 3 g Chol 0 mg Carbs 62 g</i>	\$4.50
Assorted Cereal	\$3.25	Oatmeal with Bananas or Seasonal Berries <i>Cal 229 Fat 3 g Chol 0 mg Carbs 48 g</i>	\$4.95
Assorted Cereal with Fruit	\$3.70	Bowl of Mixed Fruit <i>Cal 70 Fat 0 g Chol 0 mg Carbs 17 g</i>	\$4.95
Granola	\$3.50	Seasonal Berries	\$4.95

Baked Goods

Danish Muffin or Croissant <i>Danish Cal 334 Fat 15.9 g Chol 19 mg Carbs 45.1 g</i> <i>Muffin Cal 183 Fat 4.39 g Chol 20 mg Carbs 31.7 g</i> <i>Croissant Cal 310 Fat 18 g Chol 45 mg Carbs 32 g</i>	\$2.25	English Muffin <i>Cal 120 Fat 1 g Chol 0 mg Carbs 25 g</i>	\$2.25
Plain Bagel with Cream Cheese <i>Cal 380 Fat 7 g Chol 35 mg Carbs 59 g</i>	\$3.50	Toast	\$2.25

Be An Individual

One Egg, Any Style <i>Cal 85 Fat 5.8 g Chol 245 mg Carbs .4 g</i>	\$1.95	Two Eggs, Any Style <i>Cal 170 Fat 11.6 g Chol 490 mg Carbs .8 g</i>	\$3.50
with Hash Browns <i>Cal 155 Fat 5.8 g Chol 245 mg Carbs 49 g</i>	\$3.25	with Hash Browns <i>Cal 240 Fat 11.6 g Chol 490 mg Carbs 64 g</i>	\$3.95

Sides \$3.95 Ham, Bacon or Sausage

Ham Cal 37 Fat 1.4 g Chol 13 mg Carbs .3 g Bacon Cal 172 Fat 13.2 g Chol 36 mg Carbs 4 g Sausage Cal 170 Fat 14 g Chol 35 mg Carbs 1 g

Fruit & Juices

Apple, Pineapple, Tomato, V8 Or Cranberry Juice	\$2.50	Half Grapefruit <i>Cal 51 Fat .2 g Chol 0 mg Carbs .7 g</i>	\$3.95
Orange or Grapefruit Juice	\$2.75	Half Melon	\$4.95

Beverages

Coffee, Regular or Decaf	\$1.50	Glass of Milk	\$2.25
Herb Tea or Green Tea	\$2.25	Bottled Water	\$2.50
Hot Chocolate	\$2.25		

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